

Bowing Primer

ALL RHYTHMS SHOULD BE REPEATED AT LEAST 3 TIMES
SMOOTH/STEADY/STRAIGHT/CENTERED/SWEET/SINGING/SOUND!

$\text{♩} = \frac{1}{8} \text{ notes} = \frac{1}{2} \text{ beat}$ $\text{♩} = \frac{1}{4} \text{ note} = 1 \text{ beat}$ $\text{♩} = \frac{1}{2} \text{ note} = 2 \text{ beats}$

① Play on any string ② mix them up!

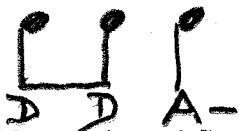
1. 'Keep It Smooth and Steady, Keep it Smooth and Steady'

Example
①



2. 'Back and Forth, Back and Forth'

Example
②



3. 'Smooth and Steady Bow, Smooth and Steady Bow'



4. 'Hold up the Violin, Hold up the Violin'



5. 'Fix the Fox, Fix the Fox'



6. 'Keep it in the Middle, Keep it in the Middle'



8. 'Smooth and Steady Center Bow, Smooth and Steady Center Bow'



Bow Levels

G String

D String

A String

E String

